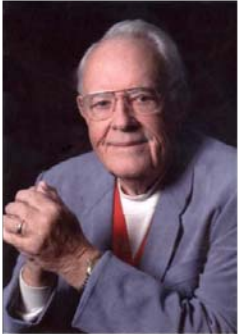


# TRIUMPH

## Guided Imagery for Cancer



**Gerald White** was a terminally ill patient with kidney cancer and with the awareness that he could take control of his progress found the formula through visual imagery to survive.

He continues to demonstrate that this approach is teachable and researchable through his persuasive belief with remarkable results.

His book, *THREE MONTHS TO LIFE* is a remarkable and readable manual for those who want gentle but hard facts to lead to this self-taught technology.

### WHAT IS GUIDED IMAGERY?

Guided Imagery, sometimes referred to as "visualization", is a technique in which a patient is guided in imaging a relaxing scene or series of experiences. Guided Imagery helps the user access the emotional control center of the brain to influence various bodily systems, including the immune system, which in turn can alter the body's healing abilities. Strengthening the body's healing ability has been shown to enhance healing and improve the quality of life of cancer patients.

The TRIUMPH Program of UNT Health Science Center is for educational purposes only. No medical or health care advice, diagnosis, treatment, or service is made or provided. Consult your physician if you have any question regarding your health or the use of this information.

Join us at Cancer Care Services to hear cancer survivor Gerald White. He will share his remarkable true story about beating cancer and ways to complement healing through self-empowerment.

**Date: Thursday, July 14, 2011**

**Time: 6:30 to 8:00 pm**

Refreshments provided by UNT Health Science Center

**Cancer Care Services  
623 S. Henderson Street  
Fort Worth, TX 76104**

**RSVP to Jane Oderberg:  
(817) 921-0653**



Cancer Care Services  
the caring place